

# **PrEP and Women: Join the Fight!**

**Oni J. Blackstock, MD, MHS**

*Montefiore Medical Center/Albert Einstein College of Medicine*

**Terri L. Wilder, MSW**

*Mt. Sinai Institute for Advanced Medicine*

**Kimberleigh J. Smith, MPA**

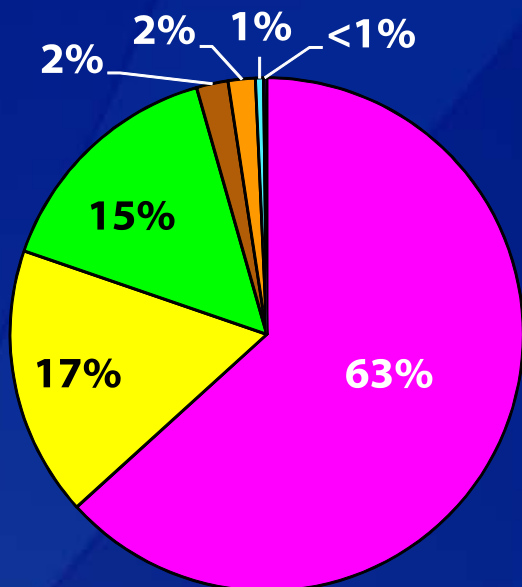
*Harlem United*

HIV Pre-Exposure Prophylaxis Why PEP for Women?

# Diagnoses of HIV Infection and Population among Adult and Adolescent Females, by Race/Ethnicity 2013—United States

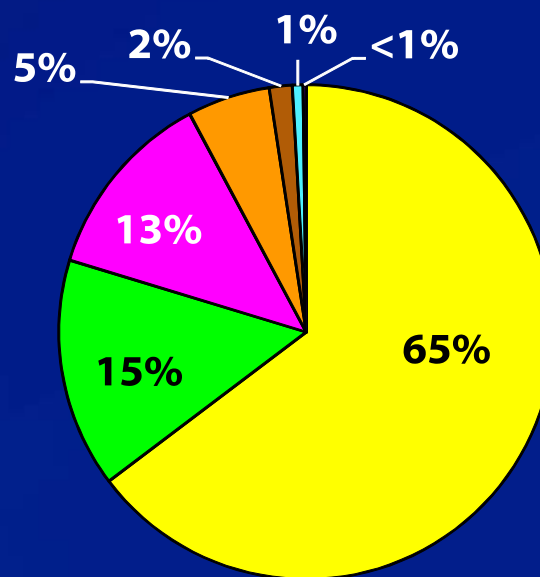
## Diagnoses of HIV Infection

N=9,278



## Female Population

N = 134,687,181



 American Indian/Alaska Native

 Asian

 Black/African American

 Multiple races

 Hispanic/Latino<sup>a</sup>

 Native Hawaiian/other Pacific Islander

 White

Note. Data include persons with a diagnosis of HIV infection regardless of stage of disease at diagnosis. All displayed data have been statistically adjusted to account for reporting delays, but not for incomplete reporting.

<sup>a</sup> Hispanics/Latinos can be of any race.



**<https://vimeo.com/79717700>**

# Treatment-as-Prevention

PrEP

Male and female condoms

Vaccines

PEP

Microbicides

PMTCT

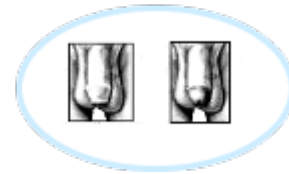
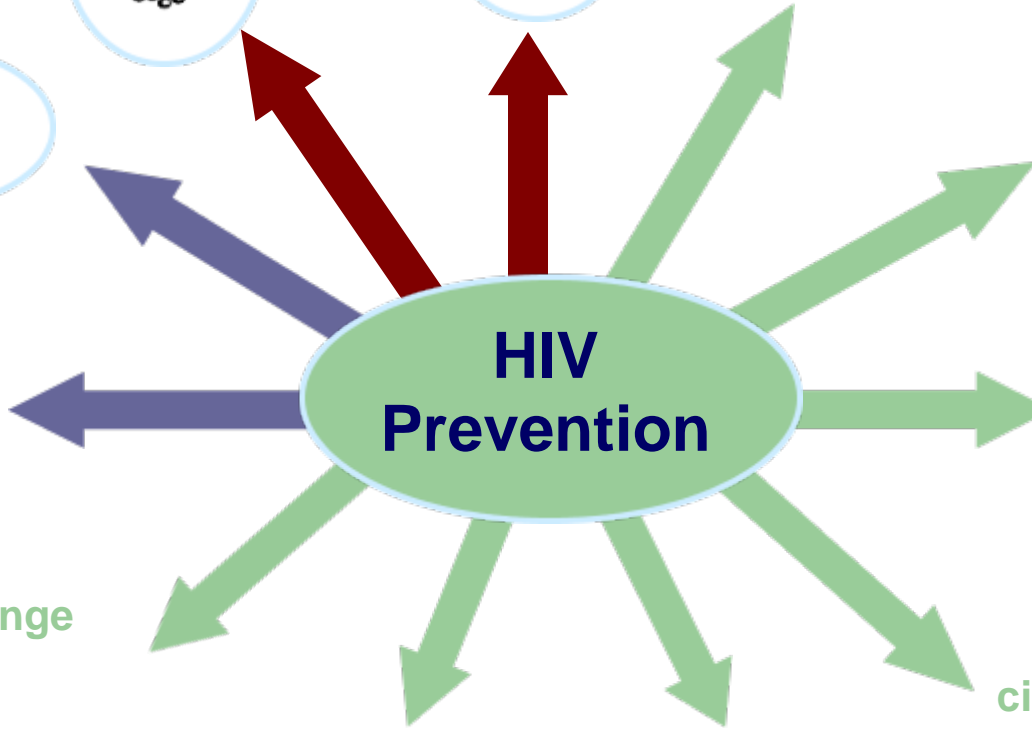
Behaviour change

**HIV Prevention**

Male circumcision

Clean injecting equipment

Voluntary counselling and testing



# PrEP use



Maximum  
protection after  
3 weeks for women

# Limitations of PrEP



**HIV**

Other sexually  
transmitted  
infections

# If you decide to take PrEP...

- Go to clinic
  - For medical screening, HIV and pregnancy tests & medication refills every 3 months
  - Testing for STIs and kidney function every 6 months
- Pick up medications every month



**Ending the  
AIDS Epidemic in NYS by  
2020**

# How many of you have heard of the New York Plan to End AIDS?

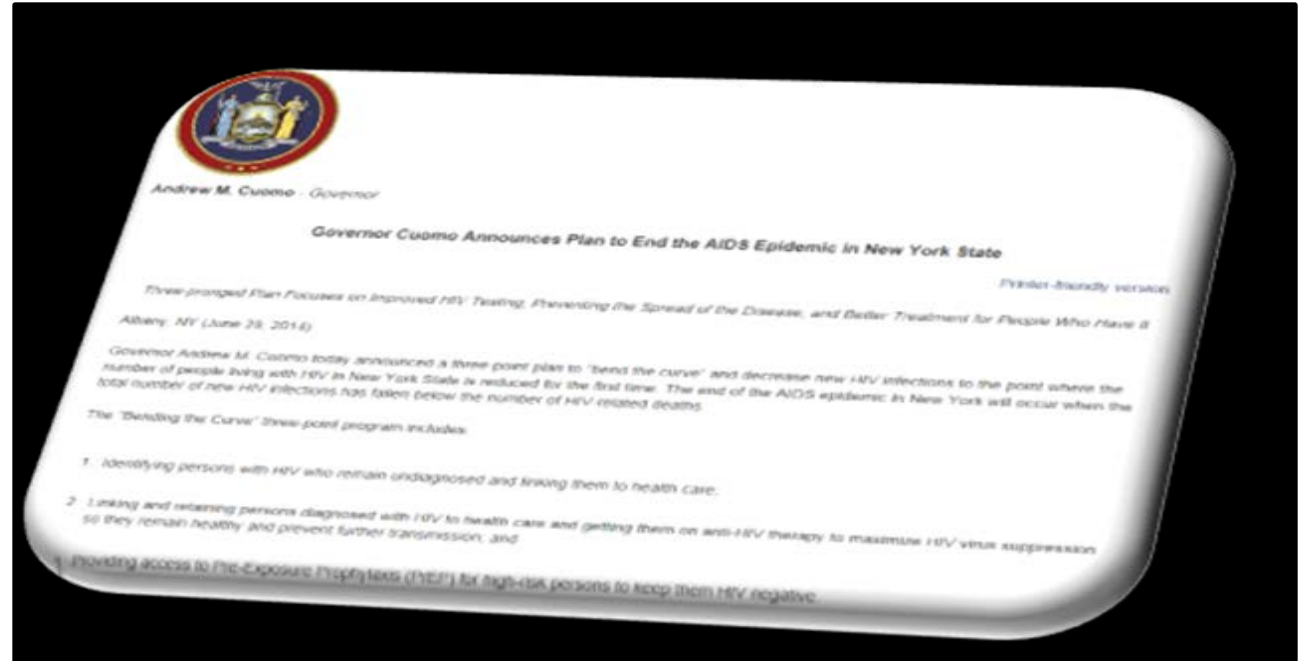


# How did New York become the first state to commit to ending the AIDS epidemic?

- Two ACT UP alumni started a conversation in a jail cell after a protest at the International AIDS Conference in 2012.
- Political and community will to make change
- And.....



In June 2014, Governor Andrew Cuomo announced a 3-point plan to end the AIDS epidemic in NYS by the year 2020.



# What does it mean to “End the AIDS Epidemic?”

The end of the AIDS epidemic in New York will occur when the total number of new HIV infections has fallen below the number of HIV-related deaths.

The goal is to reduce the number of new HIV infections to just **750** by 2020

# 3 POINTS

## Identify HIV + undiagnosed

Identify persons with HIV who remain undiagnosed and link them to health care

## Link, retain, support viral suppression

Link and retain persons diagnosed with HIV to health care and start them on anti-HIV therapy to maximize HIV virus suppression to remain healthy and prevent further transmission

## PrEP for high risk persons

Provide access to Pre-Exposure Prophylaxis (PrEP) for high-risk persons to keep them HIV negative.

# PrEP

Providing access to Pre-Exposure Prophylaxis (PrEP) for high-risk people to keep them HIV negative



**End AIDS New York 2020**

**JOIN THE FIGHT!**



# PrEP is for Us!

PrEP is not for EVERY woman, but it's an option for ALL women

PrEP works for women who take it

Black and Brown Women: PrEP is for us, too

We need to advocate to make PrEP even more available and accessible for women



## **How Can We Make PrEP More Available to Women?**

What would need to change to make PrEP more available – and accessible – to women?

Funding? Education? Outreach? Policy change?

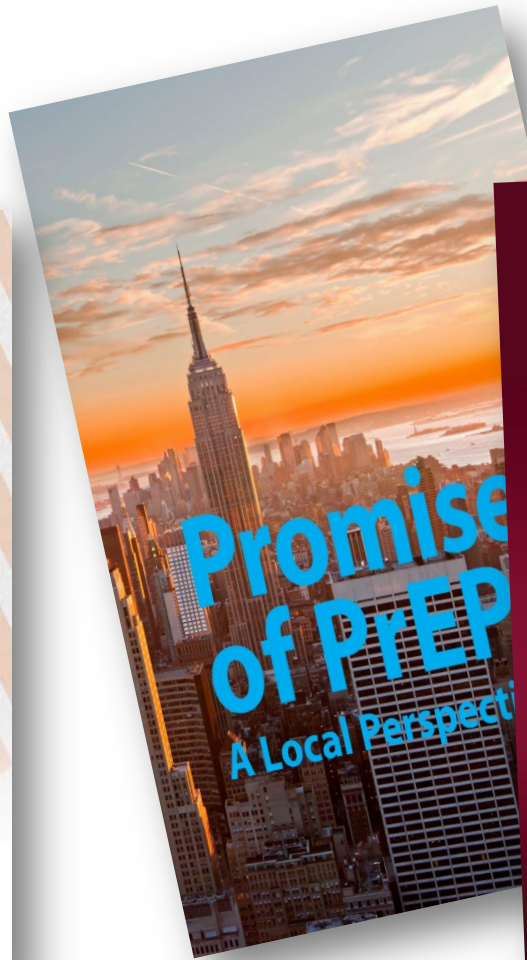


**Harlem United  
told me, "You can  
do it!"**

They believed in me and  
they helped me become a  
better person.

- Linda H.


**HARLEM UNITED**  
Thank you for making our work possible!



**Promise  
of PrEP**  
A Local Perspective

Are you worried  
about getting HIV?

**PrEP May Be  
For You**



Are you worried  
about getting HIV?

**PrEP May Be  
For You**



# What Can WE Do?

Write an op-ed, blog, use social media



Join the US Women and PrEP Working Group



Attend PrEP for NYC Task Force (4<sup>th</sup> Tuesdays at Harlem United)



Join the End AIDS New York 2020 coalition



Provide PrEP or partner w/clinic that does

# Thank You!

**Dr. Oni Blackstock**

**[oblackst@montefiore.org](mailto:oblackst@montefiore.org)**

**Terri Wilder [twilder@CHPNET.org](mailto:twilder@CHPNET.org)**

**Kimberleigh J. Smith**

**[ksmith@harlemunited.org](mailto:ksmith@harlemunited.org)**